

STEFF Du BOIS, PHD (he/they)

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EDUCATION & TRAINING

Clinical Research Postdoctoral Fellow, Fall 2013 – Summer 2015
The Family Institute at Northwestern University

Doctor of Philosophy, Clinical Psychology, June 2013
University of Illinois at Chicago (APA Accredited)

Clinical Psychology Predoctoral Internship (APA Accredited), Completed June 2013
Edward Hines Veterans Affairs Hospital, Hines, IL

Master of Arts, Clinical Psychology, April 2009
University of Illinois at Chicago

Bachelor of Arts, Psychology, May 2005
University of Michigan, Ann Arbor, Graduated Summa Cum Laude

LICENSURE

Licensed Clinical Psychologist, State of Illinois, License #071008988, 2015-Present

PROFESSIONAL APPOINTMENTS

Associate Professor of Psychology, Psychology Department,
Illinois Institute of Technology, 2023 – Present

Assistant Professor of Psychology (tenure-track), Psychology Department,
Illinois Institute of Technology, 2017 – Present

Adjunct Lecturer, School of Professional Studies,
Northwestern University, 2016 – 2018

Assistant Professor of Psychology, Psychology Department,
Adler University, 2015 – 2017

Owner & Sole Proprietor, Steff Du Bois Psychotherapy, LLC
Private Practice, 2015 – Present

PEER-REVIEWED PUBLICATIONS

***denotes graduate or undergraduate student mentee**

42. *Yoder, W., *Santic, F., *Guy, A. A., *Cannon, M., *Guerra, W., & **Du Bois, S.** (2024). Beyond trust: A mixed methods analysis of patient-provider relationships among African Americans living with HIV and serious mental illness. *Journal of Black Sexuality and Relationships*, 11(1 & 2).

41. *Ramos, S. D., *Kannout, L., *Khan, H., Klasko-Foster, L., Chronister, B. N., & **Du Bois, S.** (2023). A neighborhood-level analysis of mental health distress and income inequality as quasi-longitudinal risk of reported COVID-19 infection and mortality outcomes in Chicago. *Dialogues in Health*, 2, 100091. <https://doi.org/10.1016/j.dialog.2022.100091>
40. **Du Bois, S.**, *Manser, K., *Cannon, M., *Guerra, W., *Lee, J., & Moller, A.C. (2023). Examining facilitators and barriers to sexual orientation and gender identity disclosure to healthcare providers among US college students. *Journal of Gay & Lesbian Social Services*, 35(3), 378-397. <https://doi.org/10.1080/10538720.2022.2116139>
39. *Ramos, S.D., *Woodward, H., *Kannout, L., **Du Bois, S.** (2023). Dimensional Reduction in Barriers and Facilitators to Pre-exposure Prophylaxis (PrEP) Uptake Willingness for Full-Service Sex Workers. *Archives of Sexual Behavior*. <https://doi.org/10.1007/s10508-023-02742-z>.
38. **Du Bois, S.**, *Grotkowski, K., *Guy, A., *Thomas, E., *Chockalingam, M., Sher, T.G. (2023). Exploratory Factor Analysis of the Romantic Relationship Stress Scale. *The Family Journal*, [10664807231154016](https://doi.org/10.10664807231154016)
37. *Kannout, L., & **Du Bois, S.** (2023). Examining Associations Between Discrimination, Social Cohesion, and Health among White LGBT versus POC LGBT Chicagoans. *Sociological Inquiry*, 93(4), 756-777. <https://doi.org/10.1111/soin.12544>
36. *Guy, A. A., *Woodward, H., *Kannout, L., & **Du Bois, S.** (2022). Investigating changes in internalized stigma and avoidant coping among African American adults living with HIV and serious mental illness following a peer-led intervention. *Journal of Community Health Research*. <https://publish.kne-publishing.com/index.php/JCHR/article/view/9091>
35. Weber, D. M., Baucom, D. H., Wojda-Burlij, A. K., Carrino, E. A., **Du Bois, S.**, & Sher, T. G. (2022). Relationship “jet lag” in long-distance and geographically close relationships: The impact of relationship transitions on emotional functioning. *Couple and Family Psychology: Research and Practice*. <https://doi.org/10.1037/cfp0000224>
34. *Ramos, S., *Guerra, W., & **Du Bois, S.** (2022). Comparing mental and physical health of full-service sex workers in the United States to the health of the general population in 2019-2020. *Journal of Community Health Research*, 11 (1), 22-30.
33. **Du Bois, S.**, *Woodward, H., *Manser, K., Saigal, S., *Santic, F., *Tully, T., & Sher, T. G. (2022). Examining relationship-level predictors of individual-level health in long distance relationships. *The Family Journal*, 30 (3), 289-300. <https://doi.org/10.1177/106648072111054151>
32. **Du Bois, S.**, *Kannout, L., & *Ramos, S. D. (2021). Examining partnership-health associations among full-service sex workers. *Sexual and Relationship Therapy*, 1-14. <https://doi.org/10.1080/14681994.2021.1896697>
31. * Manser, K. A., & **Du Bois, S.** (2021). Testing substance use as a mediator of structural

- stigma-cardiovascular health associations in a large sample of gay men and lesbian women. *Annals of LGBTQ Public and Population Health*, 2(4), 256-278. [10.1891/LGBTQ-2020-0033](https://doi.org/10.1891/LGBTQ-2020-0033)
30. * Woodward, H., **Du Bois, S.**, *Tully, T., *Fraine, S., & *Guy, A. A. (2021) Results of a brief, peer-led intervention pilot on cognitive escape among African American adults living with comorbid serious mental illness, and a history of adverse childhood experiences. *Journal for the Association of Nurses in AIDS Care*, 32(4), 512-521. [10.1097/JNC.0000000000000245](https://doi.org/10.1097/JNC.0000000000000245)
 29. *Fye, M., *Yoder, W. *Manser, K., & **Du Bois, S.** (2020.) Self-care for caregivers of individuals with Multiple Sclerosis. *Home Health Care Management & Practice*, 33(3), 139-146. <https://doi.org/10.1177/1084822320973219>
 28. *Parke, E., **Du Bois, S.**, & *Woodward, H. (2020.) Exploring associations between political affiliation, health, and stress among graduate students in the mental health field. *Journal of American College Health*, 1, 1-10. <http://dx.doi.org/10.1080/07448481.2020.1791130>
 27. **Du Bois, S.**, *Guy, A.A., Legate, N., & Kendall, A.D. (2020.) Using population-level data to explore partnership-health associations among transgender individuals. *Psychology of Sexual Orientation and Gender Diversity*, 8(4), 458-471. <https://doi.org/10.1037/sgd0000387>
 26. * Guy, A. A., **Du Bois, S.**, Thomas, N., Noble, S., Lewis, R., Toles, J., Spivey, C., *Yoder, W., *Ramos, S. D., & *Woodward, H. (2020). Engaging African Americans living with HIV and serious mental illness: piloting Prepare2Thrive – a peer-led intervention. *Progress in Community Health Partnerships: Research, Education, and Action*, 14(4), 413-429. <https://doi.org/cpr.2020.0048>
 25. *Guy, A. A., *Yoder, W., *Manser, K., *Ramos, S. D., **Du Bois, S.** (2020). Comparing the health of transgender women, transgender men, and gender nonconforming individuals using population-level data. *Annals of LGBTQ Public and Population Health*, 1(1), 43-62. <http://dx.doi.org/10.1891/LGBTQ>
 24. **Du Bois, S.**, *Guy, A.A., *Manser, K., Thomas, N., Noble, S., Lewis, R., Toles, J., Spivey, C., *Tully, T., *Khan, H. (2020). Developing Prepare2Thrive, a community-based intervention targeting treatment engagement among African American individuals with HIV and serious mental illness. *AIDS Care*, 32(9), 1102-1110. <https://doi.org/10.1080/09540121.2020.1717420>
 23. *Yoder, W. & **Du Bois, S.** (2020). Marital satisfaction is associated with health in long-distance relationships. *The Family Journal*, 28(2), 176-186. <https://doi.org/10.1177/1066480720911609>
 22. Bathje, G., Pillersdorf, D., & **Du Bois, S.** (2019). Right-wing attitudes relate to stigma toward harm-reduction programs. *Alcoholism & Drug Addiction*, 32(2), 77-86. <https://doi.org/10.5114/ain.2019.87624>
 21. **Du Bois, S.**, *Guy, A.A., Legate, N., & Kendall, A.D. (2019). Examining partnership-

- health associations among bisexual individuals, using population-level data. *Journal of Bisexuality*, 19(3), 361-365. <https://doi.org/10.1080/15299716.2019.1627971>
20. *Ramos, S., Roundtree, A., Schepis, T., Haskard-Zolnierek, K., & **Du Bois, S.** (2019.) A qualitative approach to understanding HIV-related stress in Texas. *The Journal of Texas Medicine*, 115(8), e1. <https://europepmc.org/article/med/31381809>
 19. **Du Bois, S.**, Legate, N., & Kendall, A.D. (2019). Examining partnership-health associations among lesbian women and gay men using population-level data. *LGBT Health*, 6(1), 23-33. <https://doi.org/10.1089/lgbt.2018.0158>
 18. **Du Bois, S.**, *Yoder, W., *Ramos, S., *Grotkowski, K., & Sher, T.G. (2019). Unexpected gender moderation of marital satisfaction-health associations in long distance relationships. *The Family Journal*, 27(2), 133-141. <https://doi.org/10.1177/1066480719826300>
 17. **Du Bois, S.**, *Yoder, W., *Guy, A. A., *Manser, K., & *Ramos, S. (2018). Examining associations between state-level transgender policies and transgender health. *Transgender Health*, 3(1), 220-224. <https://doi.org/10.1089/trgh.2018.0031>
 16. **Du Bois, S.**, *Guy, A.A., & Legate, N. (2018). Testing the partnership-health association among African American men who have sex with men. *Journal of Black Sexuality and Relationships*, 4(4), 33-51. [10.1353/bsr.2018.0010](https://doi.org/10.1353/bsr.2018.0010)
 15. *Guy, A. A., Niel, K., & **Du Bois, S.** (2018). Emotional support, active coping, and ART adherence in young African American men who have sex with men: A pilot mediation model. *Journal of Association of Nurses in AIDS Care*, 29(4), 612-618. [10.1016/j.jana.2018.02.012](https://doi.org/10.1016/j.jana.2018.02.012)
 14. *Anand, L., **Du Bois, S.**, *Grotkowski, K. & Sher, T.G. (2018). Defying tradition: Gender roles in long-distance relationships. *The Family Journal*, 25(1), 22-30. <https://doi.org/10.1177/1066480717731342>
 13. **Du Bois, S.**, Sher, T., *Grotkowski, K., *Aizenman, T, *Slesinger, N, & *Cohen, M. (2016). Going the distance: health in long-distance versus proximal relationships. *The Family Journal*, 24(1), 5-14. <https://doi.org/10.1177/1066480715616580>
 12. Holland, C.M., Ritchie, N.D., & **Du Bois, S.** (2015). I-Tunes song-gifting is a low-cost, efficient recruitment tool to engage high-risk MSM in internet-based research. *AIDS & Behavior*. 19(10), 1914-1918. <https://doi.org/10.1007/s10461-015-1130-y>
 11. Raja, S., Holland, C., **Du Bois, S.**, McKirnan, D., Allgood, K. L., & Glick, N. (2015). History of traumatic events in HIV-positive individuals: risk behavior implications in an urban clinic setting. *Journal of HIV/AIDS & Social Services*, 14(1), 110-128. <https://doi.org/10.1080/15381501.2014.999182>
 10. Nelson, L.E., Walker, J., **Du Bois, S.**, & Giwa, S. (2014). Your blues ain't like mine: Considering integrative anti-racism in HIV prevention research with Black men who have sex with men in Canada and the United States. *Nursing Inquiry*, 21, 270-282. <https://doi.org/10.1111/nin.12055>

9. McKirnan, D.J., **Du Bois, S.**, Alvy, L., Holland, C., & Jones, K. (2013). Healthcare access and health behaviors among men who have sex with men: the cost of health disparities. *Health Education & Behavior*, 40, 32-41. <https://doi.org/10.1177/1090198111436340>
8. Parsons, J., Starks, T., **Du Bois, S.**, Golub, S., & Grov, C. (2013). Alternatives to monogamy among gay male couples in a community survey: implications for mental health and sexual risk. *Archives of Sexual Behavior*, 42, 303-312. [10.1007/s10508-011-9885-3](https://doi.org/10.1007/s10508-011-9885-3)
7. **Du Bois, S.** & McKirnan, D.J. (2012). A longitudinal analysis of HIV-treatment adherence among men who have sex with men : a cognitive escape perspective. *AIDS Care*, 24, 1425-1431. <https://doi.org/10.1080/09540121.2011.650676>
6. **Du Bois, S.**, Johnson, S.E., & Mustanski, B. (2012). Examining racial and ethnic minority differences among YMSM during recruitment for an online HIV prevention intervention study. *AIDS and Behavior*, 16, 1430-1435. <https://doi.org/10.1007/s10461-011-0058-0>
5. Alvy, L., McKirnan, D.J., **Du Bois, S.**, Jones, K., Ritchie, N., & Fingerhut, D. (2011). Health care disparities and behavioral health among men who sex with men. *Journal of Gay & Lesbian Social Services*, 23, 507-522. <https://doi.org/10.1080/10538720.2011.611114>
4. **Du Bois, S.**, Emerson, E., & Mustanski, B. (2011). Condom-related problems among a racially diverse sample of young men who have sex with men. *AIDS and Behavior*, 15, 1342-1346. <https://doi.org/10.1007/s10461-010-9862-1>
3. Mustanski, B. S., Newcomb, M. E., **Du Bois, S.**, Garcia, S. C., & Grov, C. (2011). HIV in young men who have sex with men: a review of epidemiology, risk and protective factors, and interventions. *Journal of Sex Research*, 48(2-3), 218-253. <https://doi.org/10.1080/00224499.2011.558645>
2. Matthews, A., Hotton, A., **Du Bois, S.**, Fingerhut, D., & Kuhns, L. (2011). Demographic, psychosocial and contextual correlates of tobacco use in sexual minority women. *Research in Nursing and Health*, 34, 141-152. <https://doi.org/10.1002/nur.20427>
1. Ji, P., **Du Bois, S.**, & Finnessey, P. (2009). An academic course that teaches heterosexual students to be allies to LGBT communities: A qualitative analysis. *Journal of Gay & Lesbian Social Services*, 21, 402-429. <https://doi.org/10.1080/10538720802690001>

MANUSCRIPTS UNDER REVIEW

***denotes graduate or undergraduate student mentee**

- *Chang, W., *Kannout, L., *Kurian, J., & **Du Bois, S.** (under review). What clinical psychology trainees discussed during group supervision for their first clinical practicum.
- *Lee, J., **Du Bois, S.**, Sher, T.G. (under review). Good night and sleep tight: Testing attachment as a moderator of the relationship satisfaction-sleep quality relation.
- *Ramos, S.D., Santic, F., Frye, T., & **Du Bois, S.** (under review). Disparities in sexual self-efficacy for sexual minority full-service sex workers post SESTA/FOSTA enactment.

*Ramos, S.D., **Du Bois, S.** (under review). A socio-ecological examination of barriers and facilitators to pre-exposure prophylaxis (PrEP) willingness for full-service sex workers.

*Yoder, W., *Guy, A., & **Du Bois, S.** (under review). More than just trust: Predictors of the patient-provider relationship among African American individuals living with HIV and SMI.

MANUSCRIPTS IN PREPARATION

*denotes graduate or undergraduate student mentee

*Frye, T., *Guy, A., & **Du Bois, S.** Comparing the health trans versus cis bisexual individuals: an intersectional approach..

*Kharbanda, V., *Tsai, H., & **Du Bois, S.** Association between state-wide sociopolitical climate and the mental health of children of immigrants.

*Manser, K. & **Du Bois, S.** Using Actor-partner interdependence modeling to explore relations between stress and substance use in long-distance relationships.

*Thomas, E., & **Du Bois, S.** Examining relationship trust as a moderator of the relationship stress-relationship satisfaction association, among long distance dyads.

*Yoder, W. & **Du Bois, S.** Creating and piloting an online intervention to reduce stigma against transgender and gender nonconforming people in healthcare.

RESEARCH GRANTS RECEIVED

*denotes graduate or undergraduate student mentee

Current Grants

Other Current Grant-Related Work

National Institutes of Health, National Institute of Neurological Disorders And Stroke. \$11,800,000. **Psychology Consultant.** P.I.: Philip Troyk. Proposal Title: Early Feasibility Study clinical trial of an intracortical visual prosthesis (ICVP). Award Number UG3NS0955. 2018-Present.

Grants Received

Illinois Institute of Technology, Educational and Research Initiative Fund, \$25,000. Co-Principal Investigator. Co-P.I.s: Karl Stolley, *Frane Santic. Proposal Title: Pilot-testing an App Aiming to Increase Self-Compassion among Sexual and Gender Minority Individuals who Recently HIV-Seroconverted. Received April 2021.

Lewis College Faculty Research Support Grant, Illinois Institute of Technology, \$2,000. Co-Principal Investigator. Co-P.I.: *Wren Yoder. Proposal Title: Testing a Pilot Intervention Aiming to Increase Transgender Allyship among Future Healthcare Providers. Received November 2019.

The Drs. Rosalee G. and Raymond A. Weiss Research and Program Innovation Grant, American Psychological Foundation, \$1,000. **Co-Principal Investigator**. Co-P.I.: *Stephen D. Ramos. Proposal title: Examining Barriers and Facilitators to PrEP Uptake in Sex Workers, using a Community-Based Participatory Research Approach. Received December 2018.

Seed Grant, Adler University, \$2,000. **Co-Principal Investigator**. Co-P.I.: Seema Saigal. Proposal Title: Extension Grant for the Dyadic, Longitudinal Assessment of Health in Long Distance Relationships. Received December 2018.

Seed Grant, Adler University, \$3,000. **Co-Principal Investigator**. Co-P.I.: Seema Saigal. Proposal Title: A Dyadic, Longitudinal Assessment of Health in Long Distance Relationships. Received November 2017.

Patient Centered Outcomes Research Initiatives Grant, \$21,000. **Co-Principal Investigator**. Co-P.I.s: *Arryn A. Guy, Novie Thomas. Proposal title: Prepare to Thrive: Investigating HIV treatment adherence among African Americans with serious mental illness. A Subaward of "Training and Development to Engage African Americans with Mental Illness as Research Leaders," (2017-2018). Patient-Centered Outcomes Research Institute (3974-IIT), **P.I., Lindsay Sheehan**, \$250,000. Received December 2017.

Seed Grant, Adler University, \$1,817. **Principal Investigator**. Proposal title: Gender and Health in Long Distance Relationships. Received November 2015.

Early Research Award, The Family Institute at Northwestern University, \$1,200. **Principal Investigator**. Proposal title: Long Distance Relationships and Health. Received March 2013.

RESEARCH GRANTS SOUGHT

*denotes graduate or undergraduate student mentee

Currently Submitted Grant Proposals

Unfunded Past Grant Proposals

Rehabilitation Research and Training Centers (RRTC): Equity Center in the Health and Function Domain. National Institute on Disability, Independent Living, and Rehabilitation Research (NIDILRR). \$4,500,000. **Co-Investigator**. P.I.: Pat Corrigan. Proposal Title: Opening Doors National Health Equity Center. Submitted 2022.

Evidence for Action: Innovative Research to Advance Racial Equity. Robert Wood Johnson Foundation, \$75,000. **Principal Investigator**. Proposal Title: Designing and Pilot Testing a Behavioral Intervention Aiming to Improve Healthcare Engagement among African American LGBTQ+ Individuals Living with HIV and SMI. Submitted 2021.

Pioneering Ideas: Exploring the Future to Build a Culture of Health, Robert Wood Johnson Foundation, \$72,050. **Principal Investigator**. Co-Investigator: *Honor Woodward. Proposal Title: Testing the efficacy of using telehealth to provide group therapy for serious mental illness. Submitted 2020.

COVID-19 Rapid Response Grant, American Psychological Foundation, \$20,000. **Principal**

Investigator. Co-Investigators: *Stephen D. Ramos, *Humza Khan, *Lynn Kannout. Proposal Title: Coping with COVID-19: Testing Approach and Avoidant Coping Models by Race, in Working-Class Essential Workers in Chicago. Submitted 2020.

Pioneering Ideas: Exploring the Future to Build a Culture of Health, Robert Wood Johnson Foundation, \$117,040. **Principal Investigator.** Co-Investigators: *Stephen D. Ramos, *Lynn Kannout. Proposal Title: Using CBPR to Design and Test a Virtual Intervention Targeting Stress, Coping, and Health among Black Working-Class, Essential Workers during COVID 19. Submitted 2020.

Trauma Psychology Grant, American Psychological Foundation, \$3,000. **Principal Investigator.** Co-Investigators: *Lynn Kannout, *Humza Khan, & *Shawn Fraine. Proposal Title: Islamophobia can be traumatic and can have implications for health: an examination among Syrian refugees living in the U.S. Submitted 2020.

Grand Challenges Grant, Gates Foundation, \$100,000. **Co-Principal Investigator.** Co-P.I.s: *Wren Yoder, Jeremy Hajek. Proposal Title: Developing an online intervention teaching future healthcare providers to become transgender allies. Submitted 2019.

NIH Exploratory/Developmental Research Grant Program (R21), National Institute on Minority Health and Health Disparities, \$394,733. **Co-Investigator.** P.I.: Nicole Legate. Proposal Title: Understanding how health disparities develop during everyday life for Black/African-American and White Lesbian, Gay, and Bisexual individuals. Submitted 2019.

Medical Research Council, Cardiff University, £50,000. **Co-Investigator.** P.I.: Netta Weinstein. Proposal Title: Disclosing an LGBT identity to healthcare providers: Development of a toolkit for healthcare providers formed through the perspective of LGBT patients. Submitted 2019.

Patient-Centered Outcomes Research Institute, Illinois Institute of Technology (3974-IIT), \$250,000. **Co-Principal Investigator.** P.I.: Lindsay Sheehan. Proposal name: Training and Development to Engage African Americans with Mental Illness as Research Leaders. Submitted 2019.

Faculty Innovation Grant, Illinois Institute of Technology, \$2,000. **Co-Principal Investigator.** Co-P.I.: *Wren Yoder. Proposal name: Trans Health Initiative: Psychoeducational training on Trans individuals and their health, for future healthcare providers. Submitted 2019.

Marian R. Stuart Grant, American Psychological Foundation, \$20,000. **Co-Principal Investigator.** Co-P.I.: *Wren Yoder. Proposal name: Taking the “despair” out of “disparity:” Providing Trans education to medical students, to reduce Trans-Cis disparities in health and healthcare access. Submitted 2018.

CONFERENCE PRESENTATIONS

*denotes graduate or undergraduate student mentee

Total Oral Presentations: 19

Total Poster Presentations: 46

65. *Allanah, I., *Kannout, L., & Du Bois, S. (2024, April). *Examining Associations Between Neighborhood-Level Food Insecurity and Infant Mortality*. Poster presented at the annual meeting of the Midwestern Psychological Association, Chicago, IL.

64. *Stewart, A., *Kwatinetz, J., *Li, X., & **Du Bois, S.** (2024, April). *Engagement Mediates the Person-Environment Femininity Mismatch and Burnout Association* [Poster presentation]. Midwest Psychological Association, Chicago, IL, United States.
63. *Wilhelmi, M., *Parson, R., *Velázquez, C., & **Du Bois, S.** (2024, April). *County-Level Average Household Income and Illinois' Behavioral Healthcare Clinic Staffing*. [Poster presentation]. Midwestern Psychological Association, Chicago, IL.
62. *Swain, K. D., *Flores, M. G., *Harris, B. M., *Takesh, I., & **Du Bois, S.** (2024, April) *State-level Recidivism Prediction: Asset-to-Program Ratio in Felon Rehabilitation*. Poster Presentation, Midwestern Psychological Association, Chicago, IL.
61. Tiani, A., *Ramos, S., **Du Bois, S.** Romantic Partnership Mitigates the Influence of Anxiety and Mood on Sleep Disturbance in Full-Service Sex Workers. [Poster presentation]. SLEEP 2024: The 38th Annual Meeting of the Associated Professional Sleep Societies; 1-5 June 2024; Houston, TX.
60. *Frye, T., *Thomas, E., *Kannout, L., *Santic, F., *Simms, J., **Du Bois, S.** *Testing Community Connectedness as a Mediator of Internalized Homophobia-Health Relations* [Pre-Recorded **Poster**]. American Public Health Association (APHA), November 2023, Atlanta, GA.
59. *Kharbanda, V., *Tsai, H. & **Du Bois, S.** *Beyond Borders: Understanding the Association Between State Politics and Immigrant Children's Mental Health*. **Poster** presented at the Illinois Institute of Technology's Welcome Week Student Research Day/Poster Session, August 2023, Chicago, IL.
58. *Kharbanda, V., *Tsai, H., *Gluhovski, J., *Oluwadamilola, A. & **Du Bois, S.** *Influence of State-wise socio-political climate on the mental health of children of immigrants*. **Oral** presentation at the Midwestern Psychological Association conference, May 2023, Chicago, IL.
57. *Simms, J., Honda, J., Vestuto, G., & **Du Bois, S.** *LGBTQ+ Identity Labels and Minority Stress*. **Oral** presentation at the Illinois Public Health Association conference, April 2023, virtual conference.
56. *Kannout, L., *Manser, K., & **Du Bois, S.** *Systemic-Level Predictors of Infant Mortality Rates in Chicago Neighborhoods*. **Oral** presentation presented at the annual meeting of the American Public Health Association (APHA), November 2022, Boston, MA.
55. *Aguilar, S. A., *Marani, C., *Thomas, L. E., & **Du Bois, S.** *Interactions of HIV Prevention on Healthcare Utilization and Women's Condom Usage*. **Poster** presented at the American Psychological Association (APA), August 2022, Minneapolis, MN.
54. *Frye, T., *Santic, F., *Guy, A.A., & **Du Bois, S.** *Comparing hospitalization and stigma experiences of LGBTQ+ vs. Cisbet African Americans living with HIV and SMI*. **Poster** presented at the National LGBTQ Health, July 2022, Chicago, IL.
53. Kendall, A.D., Staton, M., Librizzi, R., Thomas, N., Lozano, M., Floyd, B., **Du Bois, S.**, &

The Project AIM Youth Advisory Board. *Applying the EPIS Framework to Adapt and Implement a Meditation App for Justice-Involved Youth*. **Poster** presentation at the Colorado Pragmatic Research in Health Conference (COPRH Con) Virtual International Conference, May 2022. **Received Best of COPRH Con 2022 Award for Top 5 Abstract Submission.**

52. *Thomas, E., *Frye, T., *Santic, F., *Manser, K., & **Du Bois, S.** *Testing Partner Effects of Alcohol Use on Long-Distance Relationship Stress*. **Poster** presentation at the Midwestern Psychological Association (MPA), April 2022, Chicago, IL.
51. Kendall, A.D., Staton, M., Librizzi, R., Thomas, N., Lozano, M., Floyd, B., **Du Bois, S.**, & The Project AIM Youth Advisory Board. *Applying the EPIS Framework to Adapt and Implement a Meditation App to Reduce Risk Behaviors with Justice-Involved Youth on Probation*. **Poster** presentation at the annual meeting of the Central Society for Clinical and Translational Research, March 2022, Chicago, IL. **Received 1st Place Award for Poster Presentation in Implementation Science.**
50. *Khan, H., *Santic, F., *Woodward, H., *Manser, K., **Du Bois, S.** *What's Stress Got to Do With It? No Significant Partner-Effects of Stress on Health among Dyads in Long Distance Relationships*. **Poster** presented in D.H. Baucom's (Chair), *Loving from a Distance: An Examination of Unique Challenges and Coping Strategies in Long-Distance Relationships* [Symposium]. Association of Behavioral and Cognitive Therapies (ABCT), November 2021, New Orleans, LA.
49. Stolley, K, Haque, K, & **Du Bois S.** *Performant Progressive Enhancement for PWAs*. **Oral** presentation at the PWA Summit (Online), October, 2021. <https://pwasummit.org>.
48. *Cannon, M., *Guerra, W., *Lee, J., *Manser, K., Moller, A., **Du Bois., S.** *Disclosing LGBTQIA+ Status to Healthcare Providers - Student-Reported Barriers and Facilitators*. **Video and Poster** presented at the Illinois Institute of Technology Lewis College Undergraduate Research Day. Chicago, IL. **Received Honorable Mention for Best Poster.** April 2021.
47. **Du Bois, S.**, *Woodward, H., *Manser, K., *Santic, F., Saigal, S., Williams, V., Becker, J., *Tully, T, Sher, T.G. *Examining Associations between Relationship-Level Variables and Individual Health in Long Distance Relationships*. **Oral** presentation given at the Western Psychological Association Conference. April 2021.
46. Sahebi, B., *Chamberland, H., Leih, S., Neuhalfen, M., **Du Bois, S.**, & Sher, T.G. *Cybersex, but not In-person Sex, Relates to Relationship Satisfaction in Long-distance Relationships: A Dyadic Analysis*. **Poster** presented at the Association for Psychological Science. October 2020.
45. *Ramos, S.D., & **Du Bois, S.** (2020). *Condom-Use Attitudes Mediate the Sexual Self-Efficacy & Number of Condomless Sex Partners Association in African American MSM*. Accepted **Poster** submission to the 2020 STD Prevention Conference – Atlanta, GA
44. *Kannout, L., *Fraine, S., & **Du Bois, S.** *Testing a Mediation Model of Social Cohesion, Discrimination, & Health Among Sexual and Gender Minority Chicagoans*. **Poster** was to be presented at the annual meeting of the Association of Psychological Science, Chicago, IL. April 2020. (Conference canceled).

43. *Manser, K., & **Du Bois, S.** *Testing substance use as a mediator of stigma-health linkages in a national sample of lesbian/gay individuals.* **Poster** was to be presented at the Society of Behavioral Medicine Annual Conference. San Francisco. April 2020. (Conference canceled)
42. *Khan, H., **DuBois, S.**, *Yoder, W., *Woodward, H. *Keeping the spark alive: How using technology for cybersex is associated with couple satisfaction in long-distance relationships.* **Poster** presented at Technology, Mind, and Society Conference in Washington D.C. October 2019.
41. *Woodward, H. & **Du Bois, S.** *Exploring the health of Trans veterans versus Trans non-veterans, using U.S. population-level data.* **Poster** presented at the American Psychological Association annual conference in Chicago, IL. August 2019.
40. *Yoder, W., *Guy, A. A., Thomas, N., Noble, S., Lewis, R., Toles, J., Spivey, C., *Ramos, S. & **Du Bois, S.** *Provider Relationships and Treatment Adherence Among African Americans Living with HIV and SMI.* **Poster** presented at the American Psychological Association annual conference in Chicago, IL. August 2019.
39. **Du Bois, S.**, *Guy, A.A., Legate, N., & Kendall, A.D. *Partnership-health Associations Among Transgender Individuals Using US Population-Level Data.* **Oral presentation** given at the Psychology of Sexualities Conference. July 2019.
38. *Bangle, M.J., **Du Bois, S.**, *Stipp, K., Lane, F.J. *Assessing Cognitive Function in a Clinical Trial of Intracortical Vision Prosthesis.* International Functional Electrical Stimulation Society 2019 Annual Meeting. **Oral presentation** given at the June 2019.
37. *Anand, L., Khoury, B., *Manser, K., Saigal, S., & **Du Bois, S.** *Examining the role of mindfulness in long-distance relationships.* **Poster** presented at the International Association of Relationship Research. June 2019
36. *Khan, H., *Woodward, H., *Tully, T., *Manser, K., *Yoder, W., & **Du Bois, S.** *Behavioral and Relational Correlates of Substance Use among Men in Long-Distance Relationships.* **Poster** presented at the Midwestern Psychological Association. May 2019.
35. *Woodward, H., *Manser, K., Williams, V., Saigal, S., Goldman, T.G., & **Du Bois, S.** *In Long-Distance Relationships, Body Image is Unrelated to Sexual and Relationship Satisfaction.* **Poster** presented at the Association for Psychological Science. May 2019.
34. *Yoder, W., *Guy, A. A., **Du Bois, S.**, Thomas, N., Noble, S., Lewis, R., Toles, J., Spivey, C. (March 2019). *Stigma and Support Seeking among African Americans living with HIV and SMI: an analysis from Prepare2Thrive.* **Oral presentation** given at the Stigma and Recovery Symposium 2019, Illinois Institute of Technology, Chicago, IL.
33. **Du Bois, S.**, Legate, N., & Kendall, A.D. *Examining Partnership-health Associations in U.S. Sexual and Gender Minorities, Using Population-level Data.* **Oral presentation** given at the International Society of Behavioral Medicine Annual Meeting. Santiago, Chile. November 2018

32. *Guy, A. A., Thomas, N., Noble, S., Lewis, R., Toles, J., Spivey, C., *Yoder, W., *Ramos, S. & **Du Bois, S.** *Community-Based Participatory Research with African Americans living with co-morbid HIV and serious mental illness: A Population Informed Intervention Design.* **Poster** presented at the American Public Health Association Annual Meeting and Expo. San Diego, CA. November 2018
31. *Yoder, W., Ramos, S. & Du Bois, S. *Marital satisfaction and health in long-distance relationships: The male experience.* **Poster** presented at the American Public Health Association Annual Meeting and Expo. San Diego, CA. November 2018.
30. *Ramos, S., *Guy, A.A., *Manser, K., *Yoder, W., & **Du Bois, S.** *Population-level within-group health differences among trans men, trans women, gender non-conforming individuals.* **Oral presentation** given at the World Professional Association for Transgender Health. Seattle, WA. August 2018
29. *Manser, K., *Yoder, W., *Guy, A.A., *Ramos, S., **Du Bois, S.** *Investigating associations between public policy and health among Trans individuals, using population-level data.* **Oral presentation** given at the World Professional Association for Transgender Health. Seattle, WA. August 2018
28. *Schweigert, C., *Manser, K., & **Du Bois, S.** *Methodological and Conceptual Preparation for LDR 2.0, a Longitudinal, Dyadic Study of Health in Long Distance Relationships.* **Poster** presented at the Illinois Institute of Technology Lewis College Undergraduate Research Day. April 2018.
27. **Du Bois, S.**, *Grotkowski, K., *Anand, L., & Sher, T.G. *Distance Matters: Comparing Men in Long Distance and Proximal Relationships on Health and Relationship Ratings.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. San Diego. November 2017.
26. *Grotkowski, K., **Du Bois, S.**, *Anand, L., & Sher, T.G. *Distance Matters: Comparing Women in Long Distance and Proximal Relationships on Health and Relationship Ratings.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. San Diego, CA. November 2017.
25. *Anand, L., **Du Bois, S.**, *Grotkowski, K., & Sher, T.G. *Distance Matters: Comparing the Health and Relationship Ratings of Individuals with Children versus without, in Long Distance and Proximal Relationships.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. San Diego. November 2017.
24. *Anand, L., & **Du Bois, S.** *Going the Distance: Examining the Role of Gender on Relationship and Health Outcomes in Long Distance Relationships.* **Poster** presented at the Research and Scholarship Symposium. Adler University. Chicago. April 2016.
23. *Parke, E., & **Du Bois, S.** *Political Diversity in Academia.* **Poster** presented at the 2016 Multifaceted Themes of Diversity Conference. Chicago. November 2016.
22. *Kahn, P., & **Du Bois, S.** *Interfaith Influences on Dating, Marriage, and Family Dynamics.* **Poster** presented at the 2016 Multifaceted Themes of Diversity Conference. Chicago. November 2016.

21. *Ginsburg, M., *Tolmatsky, J., & **Du Bois, S.** *Exploring Prejudice towards Muslims in a Post 9/11 Era: Sources, Outcomes, and Coping Strategies.* **Poster** presented at the 2016 Multifaceted Themes of Diversity Conference. Chicago. November 2016.
20. *Anand, L., *Grotkowski, K., *Aizenmen, T., *Slesinger, N., Sher, T.G., & **Du Bois, S.** *Going the Distance: Examining the Role of Gender on Relationship and Health Outcomes in Long Distance Relationships.* **Poster** presented at the Rocky Mountain Psychological Association. Denver. April 2016.
19. *Grotkowski, K., *Slesinger, N., *Aizenman, T.D., Sher, T., & **Du Bois, S.** *Creating and Validating a Romantic Stress Measure.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. Chicago. November 2015.
18. *Grotkowski, K., *Slesinger, N., *Aizenman, T.D., Sher, T., & **Du Bois, S.** *Relationship Type as Predictor of Health and Relationship Variables.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. Chicago. November 2015.
17. *Aizenman, T.A., *Grotkowski, K.A., *Slesinger, N.C., Sher, T.A., & **Du Bois, S.** *Comparing Marital Health Outcomes in Long Distance and Proximal Couples.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. Chicago. November 2015.
16. *Slesinger, N.C., *Aizenman, T.D., *Grotkowski, K.A., Sher, T.A., & **Du Bois, S.** *Comparing Individuals in Long-Distance and Proximal Relationships on Relationship Indices.* **Poster** presented at the Association for Behavioral and Cognitive Therapies Annual Conference. Chicago. November 2015.
15. **Du Bois, S.**, Noth, K., & Sher, T. *Impact of Self-Determined Motivation on Health Behavior Change Among Cardiac Patients in Partners for Life.* **Poster** presented at the Association for Behavioral and Cognitive Therapists' Annual Conference. Philadelphia. November 2014.
14. **Du Bois, S.** & McKirnan, D.J. *Partnership status and health over time, among gay and bisexual men.* **Oral presentation** given at the presented at the Chicago Psychology Graduate Student Research Symposium. University of Illinois at Chicago. April 2013.
13. **Du Bois, S.** & McKirnan, D.J. *Partnership status and health among gay and bisexual men.* **Oral presentation** given at the Society of Behavioral Medicine. March 2013.
12. **Du Bois, S.** & McKirnan, D.J. *The health benefits of partnership among HIV positive gay and bisexual men.* **Oral presentation** given at The LGBT Health and Wellness Conference. November 2012.
11. **Du Bois, S.** & McKirnan, D.J. *Having a primary partner relates to health benefits among gay and bisexual men, across the life span.* **Oral presentation** given at the American Public Health Association. October 2012.
10. **Du Bois, S.** & McKirnan, D.J. *Age, internalized homophobia, and cognitive escape among MSM.* **Oral presentation** given at the Society for the Scientific Study of Sexuality. November 2010.

9. Parsons, J., Starks, T., **Du Bois, S.**, Golub, S., Grov, C. *Challenging the privileged status of monogamy in same-sex male couples*. **Oral presentation** given at the Society for the Scientific Study of Sexuality. November 2010.
8. **Du Bois, S.** & McKirnan, D.J. *Medication and Appointment Adherence among HIV-positive Men who have Sex with Men: A Cognitive Escape Perspective*. **Oral presentation** given at the Western Psychological Association. April 2010.
7. Alvy, L. M., McKirnan, D. J., **Du Bois, S.**, Richie, N., Fingerhut, D., & Jones, K. *Healthcare access among men who have sex with men*. **Poster** presented at the Western Psychological Association. April 2010.
6. **Du Bois, S.**, Mustanski, B., Garofalo, R. *Condom Errors, Failures, and Erection-related Problems among Young Men who have Sex with Men*. **Oral presentation** given at the Society for Scientific Study of Sexuality. November 2009.
5. **Du Bois, S.**, Holland, C.M., McKirnan, D.J. *Disorganized Health Behaviors among HIV-positive MSM*. **Poster** presented at the American Psychological Association. August 2009.
4. **Du Bois, S.**, Holland, C.M., McKirnan, D.J. *What HIV-positive Men who Have Sex with Men Think is Important to Treatment Adherence: A Content Analysis*. **Poster** presented at the American Public Health Association. October 2008.
3. Ji, P., **Du Bois, S.**, Aguilar, A. *LGBT AID Theory*. **Poster** presented at the Association for Psychological Science. May 2008.
2. Holland, Christine M., McKirnan, David J., Fingerhut, David, Bird, Jason, & **Du Bois, S.** *HIV Medication Status and Sexual Risk*. **Oral presentation** given at the Midwestern Psychological Association. May 2008.
1. Turner, L., Chaloupka, F., **Du Bois, S.**, Hagin, S., Slater, S., Powell, L., Chriqui, J. *The Food Environment in U.S. Elementary Schools*. **Poster** presented at the Society of Behavioral Medicine. March 2008.

BOOKS

- Du Bois, S.** (2023). *I'm Not Okay and That's Okay: Mental Health Microskills to Deal with Life's Inevitable Struggles*. Oakland, CA: New Harbinger.
- Du Bois, S.** (2008). "Eli Clare" in *LGBTQ America Today: An Encyclopedia*. Westport, CT: Greenwood Press.
- Du Bois, S.** (2008). "T. Cooper" in *LGBTQ America Today: An Encyclopedia*. Westport, CT: Greenwood Press.

MEDIA RELATED TO ACADEMIC PUBLICATIONS

- Du Bois, S.** Website, February 2020: How Can Long-Distance Relationships Affect Romantic Expectations on Valentine's Day?: <https://www.iit.edu/news/how-can-long-distance-relationships-affect-romantic-expectations-valentines-day>

- Du Bois, S.** *The Lancet*, June 2019: UNAIDS Survey Aligns with So-called Fourth 90 for HIV/AIDS: <https://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2819%2931231-0/fulltext?rss=yes>
- Du Bois, S.** *The Big Picture: The View from Lewis College*; Spring 2019: An Intersectional Approach: https://humansciences.iit.edu/sites/humanscience/files/elements/LCoHS_6390_Lewis_College_Big_Picture_Magazine_Spring_2019.pdf
- Du Bois, S.** Website, March 2019: Lewis College Psychology Study Assesses Barriers to Use of HIV/AIDS Prevention Medication in Sex Workers: https://news.iit.edu/stories/2019/03/lewis-college-psychology-study-assesses-barriers-use-hiv-aids-prevention-medication?_ga=2.251315014.1549551242.1553176341-1946127227.1553176341
- Du Bois, S.** Website, February 2019: Trump's Proclamation to End HIV/AIDS: https://www.youtube.com/watch?v=7_gtVGUijhE
- Du Bois, S.** Website, January 2018: Built Environment and Health: <https://wallethub.com/edu/best-worst-cities-for-families-in-illinois/18426/-steve-n-du-bois>
- Du Bois, S.** Website, October 2016: Social Determinants of Health and Home Healthcare: <http://homehealthcarenews.com/2016/10/home-health-provider-helps-slash-hospital-readmissions-by-60/>
- Du Bois, S.** WGN Radio/Adler University Podcast, March 2016: Non-monogamous relationships and health: <http://wgnplus.com/2016/03/04/the-sex-episode-part-3/>
- Du Bois, S.** White paper, The Family Institute at Northwestern University: *Same Love: Do the health benefits of relationships extend to LGB individuals?*, 2014
- Du Bois, S.** Video, IMPACT Program: *How to use a condom correctly*, posted Jan 2011 http://www.youtube.com/watch?v=20d_CXXoEsA
- Du Bois, S.** Video, IMPACT Program: *Which lube is right for me?*, posted Feb 2011 <http://www.youtube.com/watch?v=vtL620UPD44&feature=relmfu>

RESEARCH SUPERVISION & MENTORSHIP

Illinois Institute of Technology

Principal Investigator, [Du Bois Health Psychology \(DBHP\) Lab](#), 2017 – Present

Current Clinical Psychology Doctoral Students: Research Mentorship

Kelly Manser: To complete degree May 2023
 Lynn Kannout: To complete degree May 2025
 Frane Santic: To complete degree May 2026
 Taylor Frye: To complete degree May 2027
 Erin Thomas: To complete degree May 2027

Jazmin Simms: To complete degree May 2028
Alaina Stewart: To complete degree May 2029

Current Clinical Psychology Doctoral Students: Clinical Advising

Marisa Serchuk, To complete degree May 2023
Aamir Laique, To complete degree May 2026
Kelsey Stipp, To complete degree May 2027

Graduated Students – PhD in Psychology

Cassandra Mikrut, PhD, 2022
Stephen Ramos, PhD, 2022
Wren Yoder, PhD, 2021
Arryn Guy, PhD, 2020

Graduated Students – M.S. in Psychology

Humza Khan, expected 2022
Honor Woodward, 2021

Graduated Students – B.S. in Psychology

Marlena Cannon, 2022
Winnie Guerra, 2022
Elainna Yon, 2021
Timothy Tully, 2020
Magda Wizniewska, 2019
Art Zarko, 2018
Catherine Schweigert, 2018

Student Committee Membership

Dissertation Committee Chair

Stephen Ramos, 2022
Cassandra Mikrut, 2022
Kelly Manser, 2021
Wren Yoder, 2019
Arryn Guy, 2018

Dissertation Committee Member

Megan Dunn, 2022
Amanda Ramirez, 2021
Talissa Dorsaint, 2021
Melissa Ivins-Luske, 2021
Alexandria Luxon, 2020
Nora Plumb-Coultis, 2020
Binoy Shah, 2020
Krystal Badillo, 2020
Julia Thomas, 2020
Natalie Schwartz, 2019
Caroline Antler, 2018
Andrea Bink, 2018

Bonnie Yap, 2017
Eren Roubal, 2017

Masters Thesis Committee Chair

Humza Khan, 2022
Lynn Kannout, 2021
Honor Woodward, 2020
Kelly Manser, 2019
Wren Yoder, 2018

Masters Thesis Committee Member

Kelsey Stipp, 2022
Weilynn Chang, 2021
Isabel Quinones, 2020
Andrew De Leonardis, 2020
Matthew Murray, 2020
Margaret Makielski, 2019
Andrew Friedman, 2019
Binoy Shah, 2018
Bethany Apa, 2018
Julia Thomas, 2018

Comprehensive Exam Committee Chair

Aamir Laique, 2021
Marisa Surchek, 2021
Kelly Manser, 2020
Stephen Ramos, 2019
Wren Yoder, 2019

Comprehensive Exam Committee Member

Isabel Quinones, 2021
Krystal Badillo, 2019
Talissa Dorsaint, 2018
Hayley Perelman, 2017
Arryn Guy, 2017

Undergraduate Capstone Project Mentor

Timothy Tully, 2020
Catharine Schweigert, 2018

Extramural Research Supervision and Mentorship

Graduated Students from Other Institutions

MacKenzie Fye, Psy.D. Adler University, May 2019
Emily Parke, Adler University, Psy.D., 2019

Dissertation Committee Chair & Membership

Leena Anand, PhD, McGill University, Member, 2023
Marie Chesaniuk, PhD, The University of Illinois at Chicago, Member, 2022
Jakub Owka, PhD, The Chicago School of Professional Psychology, Member, 2020

MacKenzie Fye, PsyD, Adler University, Chair, 2019
Emily Parke, PsyD, Adler University, Chair, 2019

Health Equity Lab Director, Adler University, 2015-2017: Three former mentees at this institution are now in, or have graduated from, related programs.

Behavioral Medicine Research Lab Director, The Family Institute at Northwestern University, 2013-2015: Four former mentees at this institution are now in, or have graduated from, related programs.

SPSS Tutorials, University of Illinois at Chicago, 2007-2015
Instructed 200+ students on SPSS modules, e.g., Factor Analysis

Individual Mentorship, University of Illinois at Chicago, 2007-Present
Over 10 former mentees now in or graduated from related graduate programs

CLINICAL EXPERIENCE

Owner & Sole Proprietor, Steff Du Bois Psychotherapy, LLC 2015 – Present

- Provide individuals and couples empirically-supported psychotherapy.
- Supervise postdoctoral mentees seeking licensure.

The Family Institute at Northwestern University, 2013 – 2015

- Received specialized training in couple therapy.

Psychology Intern, Hines Veterans Affairs Hospital, Chicago, IL, 2012 – 2013

Psychosocial Rehabilitation and Recovery Center, Blind Rehabilitation Center, Spinal Cord Injury (SCI), Substance Abuse Residential Rehabilitation Treatment Program

Psychiatry Extern, University of Illinois at Chicago, 2011 – 2012

Stress and Anxiety Disorders Clinic

Psychology Extern, Jesse Brown VA Medical Center, Chicago, IL, 2010 – 2011

Psychosocial Rehabilitation Residential Treatment Program, Post-Deployment Trauma Clinic

Clinician, University of Illinois at Chicago, 2008 – 2012

Office of Applied Psychological Services, provided to individuals and couples

CLINICAL SUPERVISION

Group Supervision Leader and Individual Supervision Provider

Illinois Institute of Technology, Fall 2020 – Present

Total supervision hours provided: 175+

Clinical Supervisor, Center for Behavioral Intervention Technologies,

Northwestern University, 2016-2017

Total supervision hours provided: 250

Clinical Supervisor, Adler University, 2015-2017

Total supervision hours provided: 80

Clinical Supervisor, The Family Institute at Northwestern University, 2013-2015

Total supervision hours provided: 85

Supervisor, Applied Psychology Program, University of Illinois at Chicago, 2007-2015

Total supervision hours provided: 720

Practicum Student Supervisor, Hines VA Hospital, 2013

Total supervision hours provided: 25

TEACHING EXPERIENCE

(student N in parentheses after each listed semester)

Associate Professor, Graduate Courses, **Illinois Institute of Technology**

Therapy I

Spring 2024 (7)

Individual and Cultural Differences

Fall 2023 (15)

Clinical Supervision

Fall 2023 (6), Spring 2024 (6)

Assistant Professor, Graduate Courses, **Illinois Institute of Technology**

Therapy I

Spring 2023 (6)

Theories of Psychotherapy

Spring 2019 (9), Spring 2020 (5), Spring 2021 (7), Spring 2022 (6)

Individual and Cultural Differences

Fall 2018 (18), Fall 2019 (9), Fall 2020 (12), Fall 2021 (15), Fall 2022 (9)

Clinical Supervision

Fall 2020 (5), Spring 2021 (5), Fall 2021 (7), Spring 2022 (7)

Cognitive Assessment

Fall 2017 (9), Fall 2018 (9), Fall 2019 (4)

Social Determinants of Health

Spring 2018 (7)

Assistant Professor, Undergraduate Courses, **Illinois Institute of Technology**

Health Psychology

Spring 2018 (19), Spring 2020 (22)

Social Determinants of Health

Spring 2019 (26)

Geospatial Health (co-taught as part of Innovative Teaching Pilot Program)

Spring 2020 (30)

Assistant Professor, Graduate Courses, **Adler University**

Social Determinants of Mental Health

Fall 2015 (10), (13); Summer 2016 (15); Fall 2016 (15); Spring 2017 (15); Summer 2017 (15)

Social Psychology

Spring 2016 (11), (14); Fall 2016 (15); Spring 2017 (15)

Clinical Intervention Seminar

Fall 2015 (7), Spring 2016 (7), Summer 2016 (6); Fall 2016 (9);
Spring 2017 (8), Summer 2017 (7)

Adjunct Professor, Baccalaureate Course, Northwestern University

School of Professional Studies

Introduction to Cognitive Behavioral Therapy

Winter 2016 (17)

Adjunct Professor, Graduate Course, University of Illinois at Chicago

Colloquium in Teaching in the Department of Psychology

Fall 2010 (18), Fall 2011 (15)

Adjunct Professor, Undergraduate Courses, University of Illinois at Chicago

Introduction to Cognitive Behavioral Therapy (CBT)

Fall 2014 (10)

Clinical Interviewing

Fall 2014 (27), Spring 2014 (25; 25), Summer 2014 (14)

Theories of Personality Psychology

Fall 2013 (150)

Psychological Testing

Fall 2014 (130), Summer 2012 (16), Spring 2011 (96), Summer 2011 (23), Summer
2010 (26)

Abnormal Psychology

Spring 2010 (48)

Teaching Assistant,

Graduate Course, **University of Illinois at Chicago**

Clinical Interviewing

Fall 2011 (4)

Undergraduate Courses, **University of Illinois at Chicago**

Clinical Interviewing (total N = 178)

Fall 2009, Spring 2009, Summer 2009, Fall 2010, Spring 2010, Summer
2010, Spring 2011, Fall 2011, Spring 2012

Fieldwork in Psychology

Spring 2009 (18), Spring 2012, (15) Fall 2012 (14)

Self-Intervention

Fall 2008 (24), Fall 2009 (23), Fall 2010 (23)

Introduction to Psychology

Spring 2009 (63), Fall 2009 (15)

Psychology of Sport

Summer 2009 (23)

Instructor, Kaplan Test Preparation Services, Chicago, IL, 2006 – 2009 (314)

Taught over 25 GRE, GMAT, and SAT prep courses.

Instructor, Vittorio Emanuele Elementary School, Florence, Italy

The University of Michigan, 2004 (23)
English Instructor for Italian children

MEDIA RELATED TO TEACHING

Teaching Sample Video: <http://youtu.be/9IY5-WZyo7w>

Submitted as part of the MAGS 2013 Nomination application

GUEST/INVITED LECTURES

Coping Effectively with COVID-19 Stress, Illinois Institute of Technology, 2020

Relationships and Health, Adler University, Summer Admissions Event, 2016

Long-Distance Relationships: Significance, Comparisons with Proximal Relationships, and Associations with Individual Health, The Family Institute at Northwestern University, 2015

Emerging Clinical and Research Issues among Gay and Bisexual Men

Hines VA Hospital, 2013, 2014, 2015

The Family Institute at Northwestern University, Marriage and Family Therapy Masters Program Faculty Meeting, 2014

The Family Institute at Northwestern University, Summer Internship Program Research Presentation, 2014

The Family Institute at Northwestern University, Grand Rounds, 2014

Partnership Benefits among Gay and Bisexual Men, Loyola University Grand Rounds, 2013

Gender Identity Disorder, Abnormal Psychology, University of Illinois at Chicago, 2012

SPSS Analyses and Writing a Results Section, University of Illinois at Chicago, 2012

Sexual Risk Assessment, University of Illinois at Chicago, 2011

Depression and Mood Disorders, University of Illinois at Chicago, 2011

SPSS Data Entry & Analysis, University of Illinois at Chicago, 2009, 2010

Using CBT to Treat Schizophrenia, University of Illinois at Chicago, 2010

Substance Use Disorders, University of Illinois at Chicago, 2010

Cognitive Escape and HIV Treatment Adherence, University of Illinois at Chicago, 2009

Methods and Research Design, University of Illinois at Chicago, 2009

Exercise Interventions and Mental Health, University of Illinois at Chicago, 2009

PROFESSIONAL SERVICE

IIT Psychology Program Service:

Grievance Policy Committee, Member, 2021-2022

Therapy Course Sequence Committee, Member, 2021-2022
Student Social Committee Faculty Chair, 2018-2020

IIT Psychology Department Service:

Teaching Faculty Search Committee, Member, 2022
Student Awards Committee, Member, 2022
Teaching Award Selection Committee, Member, 2018-2019
Graduate Student Social Committee, Faculty Chair, 2017-2020

IIT University Service

University Faculty Council Library Committee, Chair, 2019-Present
University Faculty Council, Member, 2021-2023
Lewis College Undergraduate Research Day, Judge, 2018, 2020
Alcohol and Other Drugs Committee, Member, 2019-2021
PRISM (LGBTQ+ Student Group), Faculty Co-Chair, 2017-Present

Extramural Service

University of Illinois at Chicago, Alumni Advisory Board, Member, 2019 – Present
Adler University, Faculty Welfare Committee, Chair, 2016-2017
Adler University, Admissions Committee, Member, 2015-2017
University of Illinois at Chicago, Department Representative for the Council for the University Directors of Clinical Psychology (CUDCP), 2011-2012

Editorial Experience:

Editorial Board Member:

Annals of LGBTQ Public and Population Health

Ad hoc Reviewer:

Journals:

BMC Public Health
Health Psychology
LGBT Health
Annals of Internal Medicine
Stigma & Health
Couple and Family Psychology: Research and Practice
Family Process
Journal of Homosexuality
Psychological Services
AIDS Care
Journal of Anxiety Disorders
Psychology of Women

Conferences:

LGBT Health & Wellness Conference
American Public Health Association

Professional Society Memberships:

American Psychological Association
Midwestern Psychological Association

Western Psychological Association
American Public Health Association
Society of Behavioral Medicine
Association of Psychological Science
International Congress on Behavioral Medicine
Society for the Scientific Study of Sexuality

HONORS & AWARDS

Best of COPRH Con 2022 (to 5 top abstract submissions), Colorado Pragmatic Research in Health Conference (COPRH Con), for the poster:

Kendall, A.D., Staton, M., Librizzi, R., Thomas, N., Lozano, M., Floyd, B., **Du Bois, S.**, & The Project AIM Youth Advisory Board. Applying the EPIS Framework to Adapt and Implement a Meditation App for Justice-Involved Youth. Poster and Paper presentations at the Colorado Pragmatic Research in Health Conference (COPRH Con) Virtual International Conference., May 2022.

Winner, 1st Place Poster Presentation in Implementation Science

Annual Meetings of the Central Society for Clinical and Translational Research, for the poster:

Kendall, A.D., Staton, M., Librizzi, R., Thomas, N., Lozano, M., Floyd, B., **Du Bois, S.**, & The Project AIM Youth Advisory Board. Applying the EPIS Framework to Adapt and Implement a Meditation App to Reduce Risk Behaviors with Justice-Involved Youth on Probation. **Poster** presentation at the annual meeting of the Central Society for Clinical and Translational Research, March 2022, Chicago, IL.

Honorable Mention, Best Poster

The Illinois Institute of Technology Lewis College, Undergraduate Research Day, for the poster: *Cannon, M., *Guerra, W., *Lee, J., *Manser, K., Moller, A., **Du Bois., S.** Disclosing LGBTQIA+ Status to Healthcare Providers - Student-Reported Barriers and Facilitators, May 2021.

Winner, Psychology Department Undergraduate Teaching Award

The Illinois Institute of Technology, Spring 2021

Winner, Innovative Curriculum Pilot Team-Taught Course

Illinois Institute of Technology, 2019; course taught Spring 2020
Course: Geospatial Health; Instructors: Steff Du Bois & Hao Huang

Nominee, Halo's 40 Under 40 Chicago Scientists

Illinois Institute of Technology, 2019

Midwestern Association of Graduate Schools Excellence in Teaching Award

Department of Psychology, **University of Illinois at Chicago**, 2013

Harry S. Upshaw Award for Excellence in Teaching

Department of Psychology, **University of Illinois at Chicago**, 2012

Department of Psychology Travel Grant

University of Illinois at Chicago, 2008, 2009, 2010, 2011, 2012

Graduate Student Council Award

University of Illinois at Chicago, 2009, 2010, 2011, 2012

LGBT Summer Institute (LGBTSI) Fellow

University of Michigan, 2010